

TRIO Upward Bound Project

Needs Self-Assessment

When we accept students into the Muskegon Community College TRIO Upward Bound Project, our goal is to help that student successfully complete high school and college. The list below contains factors that have been found to effect student's success. Rate yourself by reading the statement and deciding if it describes what you are presently doing or if it is something that you need assistance in learning to do.

Please circle each statement in areas where you need to improve:

1. I always organize my day and use my planner to track assignments, due dates, appointments and other events.
2. Because I am a leader, I ask for help when needed, avoid negative peer pressure and maintain a positive attitude with family, peers and teachers.
3. I know what I am good at and the career path I will take after high school.
4. I know how to prepare, plan and pay for college.
5. I always plan my study time and turn in my homework on time.
6. I can get and maintain an A/B average in all subject areas.
7. I know how to study for tests, and I do well on all kinds of tests.
8. I may consider joining the military as a career choice after high school.
9. I know about the cost of college, the financial aid process and how to research information about grants and/or scholarships.
10. I can accept challenges and I know how to overcome failures and setbacks.
11. I can admit when I make a mistake and apologize for them and I do not try to cover up my weaknesses to impress others.
12. I am comfortable meeting new people, working in groups and making new friends.
13. I know how to find out about college requirements and the programs they offer.
14. I usually get anxious when taking tests and could use more time to complete them.
15. I can usually motivate myself to set and reach my goals and I know my own strengths and weaknesses.
16. I can successfully complete high school and college without additional support.
17. I know how to choose the best college for me.
18. I would do better on tests if I could have the questions read to me.
19. I enjoy solving math and science problems.
20. Successfully completing high school and college is important to me and my family.