

Student Name _____ Instructor Name _____

High School or Vocational Center _____ Grade _____

COMPETENCY RECORD FOR ARTICULATION
Muskegon Community College

Please check below each skill the student has mastered as described, with 80 percent accuracy, or with an A or B grade. The skills needed for articulation of each course are listed.

HE 110
Industrial Safety and Workplace Training
1 Credit Hours

| Task | Satisfactory | Unsatisfactory |
|---|---------------------|-----------------------|
| Describe MIOSHA, OSHA, and HAZMAT functions. | | |
| Describe appropriate physical activity for the prevention of back injuries. | | |
| Demonstrate first aid procedures as that applies to a variety of situations found in the workplace | | |
| Demonstrate techniques for preventing disease transmission | | |
| Recognize emergency situations and identify how to prioritize care | | |
| Demonstrate rescue breathing, CPR, and AED operation. | | |
| Identify and respond to cardiac and heat/cold emergencies. | | |
| Identify the risks of muscular skeletal disorders in the workplace (ergonomics). | | |
| Recognize the categories of workplace violence, identify warning signs, and reduce risk of becoming a victim. | | |
| Identify blood borne pathogens and demonstrate proper universal precautions. | | |
| Understand the role of stress in the workplace and ways to manage relief. | | |
| Identify safety responsibility and workplace hazards such as slips, trips, and falls. | | |

Instructor's Signature _____ Date _____